BALTIMORE HUNGER PROJECT
FEEDING BODIES AND MINDS

2025 Impact Report

OUR MISSION: To remove barriers to learning by providing food and resources to children facing food insecurity in our community.

OUR VISION: A future where all children in our community have access to the food and support they need to pursue healthy, promising futures.

WHO WE SERVE:

Every child served by Baltimore Hunger Project lives in a household earning at or below 185% of the federal poverty level. These children rely on free breakfast and lunch at school as their primary source of nutrition. When school is closed, food is often uncertain.

School counselors and social workers identify the students we serve as particularly vulnerable—children whose families are making daily, difficult choices between food, housing, utilities, and medical care.

Our students include:

74% elementary school students (Ages 5–11)
21% children in pre-K (Ages 0–5)
5% middle school students (Ages 12–14)

By race and ethnicity:

51% African American
22% Hispanic
17% White
10% Other

How can children focus, learn, and thrive in school when they are hungry?

BECAUSE OF YOU

In 2025, **2,600 children across 66 Baltimore City and County schools** received the consistent support they needed to return to school each Monday morning nourished and ready to learn.

- **248,940 weekend meals** were distributed to help ensure hunger did not stand in the way of learning.
- **52,000 pounds of food** supported **37 school pantries,** providing critical resources for entire families.
- **46,080 snack bags** were delivered to partner schools so teachers and social workers could respond immediately when a child was hungry.

In addition, Baltimore Hunger Project provided:

- **23,425 fresh loaves of bread** to help fill growling bellies.
- **5,710 winter coats, hats and gloves** to keep children warm all winter.
- **46,428 feminine hygiene products** so girls could attend school with dignity and confidence.
- **2,006 birthday kits** so families could celebrate their children's special day.

Laundry detergent, cleaning supplies, and school essentials were also distributed through monthly drives—creating a comprehensive support system for children, their schools, and their families.

"I would like to express my heartfelt gratitude for your generosity and continued support of our school community. Your donations have made a meaningful difference in the lives of many families, including mine. It is reassuring to know our children are surrounded by partners who genuinely care about their well-being and success. Your kindness reminds us of the power of community."

—PO, a thankful parent

OUR VOLUNTEERS

None of this would be possible without our volunteers.

In 2025, **149 regularly scheduled volunteers,** along with corporate and community groups, contributed more than **11,000 volunteer hours**—the equivalent of over 5 full-time staff members working year-round to keep children fed.

Their dedication fuels everything we do.

A THANKSGIVING TRADITION

For food-insecure families, Thanksgiving often looks like any other day. Since no child should miss out on a holiday meal, Baltimore Hunger Project has made it an annual tradition to provide complete Thanksgiving dinners to the families we serve.

In 2025, **2,400 full Thanksgiving meals were distributed**—each including turkey, vegetables, stuffing, cranberry sauce, biscuits, gravy, and dessert—so families could gather, celebrate, and feel cared for.

WITH THE FUTURE IN MIND

Baltimore Hunger Project is committed not only to meeting today's needs, but also to shaping tomorrow's leaders.

- **16 high school students** participated in the **fifth year of Empowering Minds**
- **16 students** joined our new **Teen Service Council**

These competitive programs are designed to develop informed, compassionate, and community-minded leaders—equipping students with the skills to advocate, collaborate, and lead on issues of food insecurity.

"Through my two years with the Baltimore Hunger Project, my understanding of food insecurity completely changed. As a Health Sciences major now, learning about access to nutritious food as a social determinant of health has shaped how I think about caring for patients holistically. I've even used what I learned at BHP to educate my peers."

—CW, a cohort 3 participant

WHY IT MATTERS

Hunger is not a problem we can delay solving. Hungry children cannot wait.

Each day without food impacts a child's ability to concentrate, learn, and thrive. Our goal is not just to feed children for a day—but to help break the cycle of poverty by ensuring no child goes hungry over the weekend.

THANK YOU!

You are the reason this work is possible.
You are the reason children show up to school ready to learn.

YOU MADE AN IMPACT.

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